



JOSHUA C. SINDEL

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Joshua Sindel primarily represents large corporations and educational institutions in employment and labor disputes.

Josh has represented clients in hundreds of civil and criminal cases before state, federal and appellate courts, and has extensive pretrial and trial experience. He also has experience in motion practice, the discovery process, depositions, and in negotiating settlements.

Further, Josh counsels clients in matters related to mergers and acquisitions and the enforcement of restrictive covenants.

BACKGROUND

Prior to joining Armstrong Teasdale, Josh was an attorney at another St. Louis area law firm. He has roughly a decade of experience in private practice.

EDUCATION

- Washington University School of Law (J.D., 2009)
- University of Kansas (B.A., B.S., 2005)
 - Political Science
 - Sociology
 - Alpha Kappa Delta

PROFESSIONAL ACTIVITIES

- Missouri Association of Criminal Defense Lawyers (MACDL)
- National Association of Criminal Defense Lawyers (NACDL)
- Bar Association of Metropolitan St. Louis (BAMSL)
- St. Louis County Bar Association

CHARITABLE AND CIVIC INVOLVEMENT

- HavenHouse St. Louis (Young Professionals Board Member, 2007-present)
- Carney's Kids Foundation (Board Member, 2016-present)

ACCOLADES

SERVICES AND INDUSTRIES

Alternative Dispute Resolution
Appellate
E-Discovery
Employment and Labor
Litigation
Mergers and Acquisitions
Noncompete and Trade
Secrets
Outside General Counsel

ADMISSIONS

Missouri
U.S. District Court, Eastern
District of Missouri
U.S. District Court, Southern
District of Illinois

- Mutual of America Community Partnership Award recipient based on charitable involvement with HavenHouse St. Louis (2012)

EXPERIENCE

Dismissal of State's Interlocutory Appeal on Grounds of Double Jeopardy

Secured dismissal on appeal in a case before the Missouri Court of Appeals for the Eastern District, in which the circuit court suppressed evidence in favor of our client. The Eastern District affirmed the circuit court's decision, dismissed the state's interlocutory appeal on the grounds of double jeopardy, and the client was found not guilty of a felony offense.

Reversal of Felony Criminal Conviction for Client

Secured a reversal on appeal after the client was convicted of involuntary manslaughter in Missouri Circuit Court. The decision was appealed to the Missouri Supreme Court on the grounds that the trial court's decision to allow the state to amend the indictment during trial substantially prejudiced the rights of the defendant. The Supreme Court agreed, reversed the circuit court's decision, and remanded the case for a new trial.